



## **Dr. Robert C. Wright presents “Health Talks”**

Heart burn, hernias, reflux, and GERD. If you suffer from these issues—or think you may have symptoms related to these health concerns—Dr. Robert C. Wright may have answers for you.

Dr. Wright will give a series of free Health Talks at Meridian Surgery Center, 208 17<sup>th</sup> Ave. SE, Suite 201, in Puyallup, to help you decide if surgery is an appropriate solution for your health concern. All talks begin at 7 p.m.

The health talk dates and topics are:

**April 30—A bitter taste: Heart burn, acid reflux and hiatal hernias:** What’s the difference between them, how can they harm me and what can I do?

**May 14—Ouch! What’s that pain in my groin?** Causes, fixes and how you can decrease your risk for hernia.

**June 4—Reflux: It’s not your mother’s heartburn:** Causes, prevention and what you can do about GERD (Gastro esophageal reflux disease).

The informal seminars will begin with a tour of the ambulatory surgery center, and after the brief talk, Dr. Wright will answer questions.

The Health Talks are free, but a reservation is required for one of the 12 available seats.

To reserve your spot, call 253.840.1999 or email [frontdesk@robertwrightmd.com](mailto:frontdesk@robertwrightmd.com). For more information visit [www.cascadeherniainstitute.com](http://www.cascadeherniainstitute.com) or [www.robertwrightmd.com](http://www.robertwrightmd.com).

